

The course syllabus and schedule provide a general plan for the course; deviations may be necessary.

BIOL 2251 Human Anatomy and Physiology I

Fall 2024

Biology Department, College of Science and Math
Valdosta State University

Instructor: Dr. Adam Safer

Office: Bailey Science Center 1211

Office Hours: Tuesdays 9:00am-10:00am and 12:00pm-2:00pm; Thursday 12:00pm-2:00pm. I can also meet outside of these times if necessary. Please ask me for help if you need it.

Phone: 229.333.6001

E-mail: absafer@valdosta.edu

Email is my preferred method of communication. Please allow 24 hours for me to respond.

Lectures: Bailey Science Center 1011 Tuesday and Thursday 2:00pm-3:15pm.

Labs: Bailey Science Center 1203 – Check your schedule to see what section you are in and what day your lab meets.

Section A meets Monday 10:00am-11:50am

Section B meets Monday 1:00pm-2:50pm

Section C meets Monday 3:00pm-4:50pm

Section D meets Tuesday 10:00am-11:50am

You will need a dissection kit that can be purchased at the VSU bookstore.

Text: Principles of Anatomy and Physiology, (14th, 15th or 16th edition), by G. J. Tortora & B. Derrickson, John Wiley & Sons.

Lab Manual: *(Optional hard copy)* Laboratory Manual for Human Anatomy and Physiology, 3rd ed., Smith and Loughry, Burgess Publishing.

The lab manual is available online at:

<https://blog.valdosta.edu/ap1/>

Course Description: BIOL 2251. Human Anatomy and Physiology I. 4 Hours. This integrated lecture and laboratory course is the first course in a two-semester sequence designed to explore the biological and chemical processes underlying the structure and function of the human body at the cellular, tissue, organ, and whole-body level Topics to be covered include, but are not limited to, biological chemistry; cellular structure and

function; tissues; and the integumentary, skeletal, muscular, and nervous systems. This course includes laboratory exercises that supplement the material covered in lectures. This course is designed primarily for non-biology majors, especially those pursuing majors in nursing and the allied health professions.

Course Goals and Learning Outcomes:

1. To learn and develop a working knowledge of anatomic terminology and be able to apply this terminology.
2. To understand the basic organization (i.e. anatomy) of the human body.
3. To learn chemical and physiologic principles as they apply to the human body.
4. To learn the structure and function of the integumentary, skeletal, muscular, nervous, and endocrine systems of the human body at the chemical, cellular, tissue, and gross levels.

This course is associated with the following VSU educational outcomes:

VSU Biology Department outcomes 1, 3, and 4

University general outcomes 3, 4, 5, and 7

Attendance: Please be on time for class and lab. To get the most from any course, you need to attend all the scheduled classes and laboratory periods. The only way to really know what is going on in class is to show up. The undergraduate catalog states that a student, whether/online or face-to-face, who misses or does not participate in more than 20% of the scheduled course or course activities could be subject to receiving a failing grade in the course. At the very least, any student that misses more than 20% of classes/labs will lose %10 off their final grade for the semester. The full attendance/absence regulations are available in the online catalog at <http://catalog.valdosta.edu/undergraduate/academic-affairs/>

Academic Honesty: Plagiarism and cheating are considered forms of dishonesty and are violations of the university's policy on academic honesty. If you are caught plagiarizing or cheating you will receive a "0" for that test or assignment. As a result, academic and disciplinary action may be taken. Please take time to familiarize yourself with the academic honesty policy here at VSU. For more information visit <https://www.valdosta.edu/academics/academic-affairs/academic-honesty-at-vsua.php>

Disruptive Behavior: Please note that the following behaviors are considered disruptive:

1. Socializing during class - Students pay money to learn. Talking during presentations and lectures is not only disrespectful to fellow students and the instructor, but also considered disruptive behavior. This includes cell phone use and texting.
2. Disrupting class by noisily arriving late
3. Leaving before the end of class
4. Arguing or speaking to fellow students or the professor in a disrespectful manner
5. Sleeping

6. Noisily eating or opening packages of food

For more information, please refer to the Student Code of Conduct at <https://www.valdosta.edu/administration/student-affairs/student-conduct-office/student-handbook.php>

Students with Disabilities: Students with disabilities who are experiencing barriers in this course may contact the Access Office (<https://www.valdosta.edu/student/disability/>) for assistance in determining and implementing reasonable accommodations. The Access Office is located in University Center Room 4136 Entrance 5. The phone numbers are 229-245-2498 (V), 229-375-5871. For more information, please visit VSU's Access Office or email: access@valdosta.edu. To request reasonable accommodations for pregnancy and childbirth, contact Ms. Myia Miller, Title IX Compliance Officer, at maburden@valdosta.edu. Please note, you will be required to provide documentation from an appropriately licensed medical professional indicating the requested accommodations are medically necessary.

Title IX Statement: Valdosta State University (VSU) upholds all applicable laws and policies regarding discrimination on the basis of race, color, sex (including sexual harassment and pregnancy), sexual orientation, gender identity or expression, national origin, religion, age, veteran status, political affiliation, or disability. The University prohibits specific forms of behavior that violate Title IX of the Education Amendments of 1972. Title IX of the Education Amendments of 1972 prohibits discrimination on the basis of sex in education programs and activities that receive federal funding. VSU considers sex discrimination in any form to be a serious offense. Title IX refers to all forms of sex discrimination committed against others, including but not limited to: sexual harassment, sexual assault, sexual misconduct, and sexual violence by other employees, students or third parties and gender inequity or unfair treatment based on an individual's sex/gender. The designated Title IX Coordinator for VSU is Ms. Selenseia Holmes. To view the full policy or to report an incident visit: <https://www.valdosta.edu/administration/student-affairs/title-ix/>

Extra Help with Coursework The Academic Support Center (ASC): The [Academic Support Center \(ASC\)](#) provides **unlimited, in-person, free peer tutoring** in core courses such as math, English/writing, sciences, social sciences, and languages. We also offer **8 hours of free online tutoring via Tutor.com** (8 hours per student, available 24/7). Click the Free Tutoring link in any Blazeview course to make appointments. Please drop by our space in Odum Library, 2nd floor, or call 229-333-7570, email asc@valdosta.edu, or visit the website www.valdosta.edu/asc for more information.

GRADING SCHEME

Grades will be based on the following:

Exams

650 points

There will be 5 online exams posted in Blazeview during the semester worth 130 points each, totaling 650 points. I reserve the right to move exams back into a face-to-face classroom setting at my discretion at any point during the semester. Exams may include multiple-choice, short answer, true-false, matching, essay questions or any format I deem necessary.

Please note that there are no make-up exams. I will replace your lowest exam score or a missed exam with the score on the final (but not both). You will be allowed to review your test within one week of test grades being posted.

Important Note about Online Testing

It is your responsibility to make sure that you have a good internet connection when logging on to take an online test. To help ensure academic honesty and maintain course integrity you will have approximately 60 seconds per question on the online lecture tests. Please note that for a 65-question multiple-choice style test you would have 65 minutes. This is the exact amount of time you would have if you were taking the test in class. Research has shown that students that have studied and are prepared do not need more time than this to complete multiple choice type test questions. In addition, these time limits are recommended by VSU to ensure course integrity and are being followed by other professors on campus. **STUDY FOR TESTS EARLY AND OFTEN. BE PREPARED AS IF YOU WERE TAKING THEM IN THE CLASSROOM.**

Laboratory

200 points

There will be 4 lab practicals worth 50 points each, totaling 200 points. Lab practicals will be administered during the lab period, face-to-face during lab time. **Please be aware that there are no makeup lab practicals. You are allowed to review your lab practical within one week of the grade being posted.**

Optional Comprehensive Final Lecture Exam

130points

The final is optional will include material from the entire semester. **I will replace your lowest exam score or a missed exam with the score on the final (but not both).**

Total Points for the course 850

Final Grades

- A 765-850 points (90% - 100%)
- B 680-764 points (80% - 89%)
- C 595-679 points (70% - 79%)
- D 510-594 points (60% - 69%)
- F Below 510 points (below 60%)

Please note-according to federal law an individual's grades will not be released to anyone but that individual. Furthermore, I will not discuss grades over the phone or email. For more information refer to the Family Educational Rights and Privacy Act (FERPA) of 1974.

Tentative Lecture Schedule

Chapter	Topic
1	An Introduction to the Human Body
3	The Cellular Level of Organization
4	The Tissue Level of Organization
5	The Integumentary System
6	The Skeletal System: Bone Tissue
9	Joints
10	Muscular Tissue
12	Nervous Tissue
13	The Spinal Cord and Spinal Nerves
14	The Brain and Cranial Nerves
15	The Autonomic Nervous System
16	Sensory, Motor, and Integrative Systems
17	The Special Senses

Lecture Test Dates (tentative) - all tests, and the optional final will be online.

Lecture Exam 1 (Chapters 1, 3, 4)

9/10/2024

Lecture Exam 2 (Chapters 5, 6, 9)

10/2/2024

Lecture Exam 3 (Chapters 10 and 12)

10/22/2024

Lecture Exam 4 (Chapters 13, 14, 15)

11/14/2024

Lecture Exam 5 (Chapters 16 and 17)

12/5/2024

Optional Final Exam

TBA

Fall 2024 API Tentative Lab Schedule

Week of	TOPIC
Aug. 19	No lab this week (lecture still meets)
Aug. 26	Intro/Tissues and Skin
Sep. 2	No lab this week (lecture still meets)
Sep. 9	Tissues and Skin
Sep. 16	Lab Practical I
Sep. 23	Skeletal System
Sep. 30	Skeletal System
Oct. 7	Lab Practical II
Oct. 14	No lab this week (lecture still meets)
Oct. 21	Muscular System
Oct. 28	Muscular System
Nov. 4	Lab Practical III
Nov. 11	Sheep brain dissection & cow eye dissection
Nov. 18	Sheep brain dissection & cow eye dissection
Nov. 25	Lab Practical IV
Dec. 2	No lab this week (no lecture either)

Fall 2024 Important Dates

August 19	First Class Day for fall 2024
August 22	Registration for fall 2024 ends (11:59pm)
August 26-30	Attendance Verification for VSU courses that began on Aug 19
August 30	Attendance Verifications due at 9am
September 2	Labor Day Holiday (university closed/no classes meet)
Sept 30-Oct 9	Midterm Grade Entry for full-term VSU courses
October 9	Midterm Grades Due at 5pm
October 10	Official Midterm for fall 2024
October 10	Students View Midterm Grades
October 14-15	Fall Break (university open/no classes meet)
October 31	Withdrawal Deadline for full-term VSU courses
October 28	Registration Begins for spring and summer 2025
November 27-29	Thanksgiving Holidays (No classes meet/university closed)
December 9	Last class day for fall 2024
December 9-16	Final Grade entry begins for fall 2024
December 10-13	Final Exams
December 13	Graduate School Commencement Ceremony
December 14	Undergraduate Commencement Ceremony
December 16	Final Grades for fall 2024 due (11am)
December 16	Students View Final Grades in Banner after 6pm
December 19-Jan 1	University Closed

SOI Statement: At the end of the term, all students will be expected to complete an online Student Opinion of Instruction survey (SOI) that will be available through SmartEvals. Students will receive an email notification through their VSU email address when the SOI is available (generally at least one week before the end of the term). SOI responses are anonymous to instructors/administrators, and they will be able to access results only after they have submitted final grades. Before final grade submission, instructors will not be able to see any responses, but they can see the percentage of students who have or have not completed their SOIs. While instructors will not be able to see student names, an automated system will send a reminder email to those who have yet to complete their SOIs. Complete information about the SOIs, including how to access the survey, is available on the [SOI Procedures webpage](https://www.valdosta.edu/academics/academic-affairs/sois/) (<https://www.valdosta.edu/academics/academic-affairs/sois/>).