

VALIDATION OF PHYSICAL EXAMINATION

Date : _____

I certify that I am a licensed physician or nurse practitioner and I have performed a health history and a physical examination on _____, a MSN nursing student at Valdosta State University College of Nursing and Health Sciences.

The above name individual has received updated immunizations (as required on attached documentation), has been screened for communicable and infectious diseases. I certify there are no physical limitations that would hinder this person's ability to perform the required nursing tasks identified on the reverse side of this form. Specific health information will be provided as needed to clinical agencies with which the student is affiliating, contingent upon written permission from this individual.

Signature :

Name of the Examiner:

Credentials:

Address of Practice:

(Note : Please see Performance Standards on reverse side)

Performance Standards

To meet the requirements of the nursing program or to progress in the nursing curriculum each student must be able to perform the following activities;

1. work at a fast pace for long periods of time;
2. lift heavy objects (25 lbs. or more) three or more times per day;
3. speak clearly and distinctly;
4. work alternating shifts of 8 to 12 hours on days, evenings, and nights;
5. respond appropriately to stressful situations (physically, emotionally, and Mentally) and in emergency situation;
6. communicate effectively with physicians, patients, staff, and patient's families.
7. write clearly and neatly in patient's charts and other legal documents;
8. hear nurse call bell;
9. hear telephones and have the ability to accurately take orders over the telephone.
10. hear sounds with stethoscope to assess blood pressure, heart rate, lung, vascular, and abdominal sounds;
11. hear a patient calling for help;
12. hear beepers, alarms, et cetera, requiring rapid responses;
13. read very fine or small prints on medication containers;
14. see nurse call or emergency lights;
15. visually assess patients appropriately;
16. read and interpret physician's orders;
17. read monitors and other equipment accurately;
18. demonstrate manual dexterity to don sterile gloves and gown;
19. demonstrate manual dexterity to prepare medications aseptically whether orally, IM, S.C., or I.V.;
20. demonstrate manual dexterity to use sterile techniques when performing activities such as insertion of IVs, et cetera;
21. demonstrate ability to utilize equipment and instruments needed to carry out patient care; and stand for long periods of time.