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Wellness and Fitness

**AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION**

1. I hereby authorize \_\_\_\_\_ to release the following information from the medical record of

Patient's name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Date of Birth \_\_\_\_\_

2. Information to be released (please specify):

\_\_\_\_\_

\_\_\_\_\_

3. Information to be released to:  
Valdosta State University: Center for Exercise Medicine & Rehabilitation
4. Please send correspondence to:

*Lindsay Freidhoff, MS, ACSM-EP-C, EIM-II*  
Director, Center for Exercise Medicine and Rehabilitation  
School of Health Sciences  
College of Nursing and Health Sciences  
Valdosta State University  
1500 N. Patterson Street  
Valdosta, GA 31698  
229.532.2887 (phone)  
229.259.5129 (fax)  
lrfreidhoff@valdosta.edu

5. Purpose of disclosure information: \_\_\_\_\_
6. I do not give permission for disclosure or redisclosure of this information other than that specified above.

I understand that this consent can be revoked at any time except to the extent that disclosure made in good faith has already occurred in reliance on this consent.

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Patient Name

Signature

Date

\_\_\_\_\_

\_\_\_\_\_

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**Thank you for your continued support of VSU and the Center for Exercise Medicine and Rehabilitation!**